

Adamax-Intranasal

PEPTIDES

Intranasal dosing protocols for Adamax.

CYCLE LENGTH AND WASHOUT PERIOD: Unknown. 10-30 day cycles most common amongst research groups. It has not been determined whether continued use of Adamax leads to receptor desensitization. DOSING TIME: Morning to early afternoon to avoid potential sleep disturbance. ONSET TIME: 20-40 minutes. ADDITIONAL CONSIDERATIONS: Does not require administration in a fasted state, as the intranasal administration bypasses the gastrointestinal tract. STORAGE: Atomizer should be refrigerated after use. ADMINISTRATION: Intranasal spray. Always split dose between both nostrils as much as possible. This is because it increases the mucosal surface area exposed to the solution, decreases runoff into the throat/loss from swallowing, and allows for more consistent absorption because nasal airflow, congestion, mucus, and the normal nasal cycle may make one nostril less effective than the other at any given time. Proper technique is important. DO NOT TILT YOUR HEAD BACK to dose. With your head tipped forward, tilt your atomizer towards the outside of your nose/outside corner of your eye, then sniff the spray gently. DISPENSE RATE: 100mcg/spray. Take 1-6 sprays (100-600mcg), either once per day or split between two doses. Daily.

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