

BPC-157-Oral

PEPTIDES

BPC-157: 500mcg Oral Dosing

BPC (Body Protection Compound) -157, a naturally occurring peptide found in human stomach juices (and in the gastric fluids of some other mammals) that works by stimulating angiogenesis (the formation of new blood vessels). It accelerates the wound-healing process through multiple mechanisms; is a potent anti-inflammatory; and has antioxidant benefits (protects from oxidative stress and damage). Well tolerated by most, this is one of the most popular peptides in the industry for its usefulness in treating a broad spectrum of injuries and ailments. **BENEFITS** Enhances muscle recovery. Reduces inflammation, leading to a significant positive impact on the central nervous system (CNS), muscles, tendons, and damaged tissues. Increases muscle hypertrophy and strength. Supports tendon-to-bone healing. Stimulates collagen synthesis, resulting in anti-aging effects as the condition of the skin is improved, diminishes wrinkles, restores thickness to age-thinned skin, and improves elasticity. Promotes hair growth. Leads to the formation of new blood vessels, which in turn improves vasculature, blood flow, and oxygenation of cardiovascular tissues. When injected in a region with scar tissue, it leads to a reduction in that scar tissue. Reduces fat mass. Protects against free radical damage to protect the brain and preserve brain function after exposure to harmful substances. Preserves and improves memory. Helps with mood regulation. Increases bone density. Reduces cartilage lesions and joint pain for improved leg mobility. Interferes with the mechanisms that involved in ulcer formation; accelerates the rebuilding of stomach tissues. Elevates dopamine and serotonin levels in the brain, leading to analgesic (pain-relieving) effects. Accelerated healing of the colon in those with inflammatory bowel disease. Improves tendon, bone, and ligament healing by boosting levels of Epidermal Growth Factor (EGF), Fibroblast Growth Factor (FGF), and Vascular Endothelial Growth Factor (VEGF). Normalizes blood pressure: in those with low blood pressure, it exerts hypertensive effects by increasing blood pressure to within normal range; for those who have high blood pressure, it causes blood vessels to dilate, thus decreasing blood pressure. Prevents heart failure caused by potassium imbalance; protects against heart failure by restoring normal rhythm and electrical activities following potassium overdose; stabilizes heart rhythm of those suffering from potassium deficiency. Counteracts life-threatening conditions associated with hypercalcemia. Prevents severe side effects from many medications, including many medications for diabetes and psychiatric conditions. Combats catalepsy, somatosensory disturbance, and QT prolongation in the heart. Increases the production of growth factors that fight infections such as vascular endothelial growth factors, strengthening the immune system. Has antioxidant properties. Helps to reverse the adverse effects of acute and chronic alcohol intoxication. For Traumatic Brain Injury (TBI) sufferers, it reduces unconsciousness and lowers the prevalence of TBI-related deaths. For those with Multiple Sclerosis (MS), BPC administration decreases brain damage and other clinical abnormalities. Counteracts ischemic/reperfusion injuries (tissue damage caused when blood supply returns after a period of insufficient blood circulation in the

brain), resulting in improved memory, orientation, and motor function. May possess anti-cancer activity by inducing programmed cell death (apoptosis) of cancer cells, and assembling and forming pores that disrupt the structures of cancer cells. CONDITIONS WHICH MAY BENEFIT FROM THE USE OF BPC-157 Chronic inflammatory conditions Arthritis/Osteoarthritis Eczema Ulcers Burn victims Achilles tendon injuries Muscle crush injuries Ligament injuries Nerve injuries Perforating corneal injuries or incisions Inflammatory bowel diseases (e.g. Crohn's) PLAYS A ROLL IN THE GUT-BRAIN AXIS The gut-brain axis is the direct line of communication between the nervous system and the digestive system. Digestive health impacts neurological health and cognitive function to a substantial degree; it can protect the cells lining the gastrointestinal tract; impacts neurotransmitter balance; is being explored for potential treatments for anxiety and depression; reduces symptoms from ulcers, bowel disorders, Crohn's disease, and other conditions where the gut-brain communication is disrupted; balances the microbial population in the gut. POSSIBLE SIDE EFFECTS (UNCOMMON) Nausea Diarrhea Appetite changes Gas/bloating Dizziness Headaches POSSIBLE INTERACTIONS Anticoagulants/antiplatelets (Warfarin, DOAC's like Eliquis and Xarelto), high-dose aspirin: BPC-157 may influence clot dynamics Neuroactive drugs (e.g. SSRI's and SNRI's, benzodiazepines, antipsychotics: interacts with dopamine and serotonin signaling Immune-modulating drugs (biologics, steroids, and immunosuppressants) CONTRAINDICATIONS BPC-157 is toxic to fetuses and should not be used when pregnant or nursing. Do not take if you have chronic kidney disease or nephrotoxicity. Exercise caution if you have protein allergies, since BPC-157 is a protein. If you have an autoimmune disorder, it may be worsened by BPC-157, since it stimulates the immune system. Do not use BPC-157 with active cancer. In those with liver or kidney disease, BPC-157 may put additional strain on those organs. Exercise caution if you have a heart condition, as BPC-157 may cause a rise in blood pressure. Do not use with QT prolongation. RECOMMENDED STACKS TB-500: Extremely synergistic pairing for tissue, tendon, gut, and nerve repair GH Peptides (e.g. CJC-1295, Ipamorelin, Sermorelin, GHRP-2, etc): Complementary healing effects KPV: Gut inflammation and autoimmune modulation TA-1: Immune regulation Collagen Glutamine (enhances gut repair) Omega-3's Magnesium Zinc Curcumin DOSING Cycle of 4-8 weeks is standard, followed by 2-4 week washout period Cycle may be extended up to 12 weeks followed by 6-8 week washout period for chronic gut or joint issues Does not have to be taken on an empty stomach, but for boosted absorption it is recommended that you dose 30-60 minutes before food in the morning or 2-3 after evening meal Low Dose Protocol 1/2 pill (250mcg) in the AM and 1/2 pill (250mcg) in the PM Standard Protocol 1 pill (500mcg) per day, in either the AM or PM Maximum Protocol 2 pills (1,000mcg) per day, one in the AM and one in the PM

RESEARCH USE DISCLAIMER: All information in this document is provided strictly for laboratory research and educational purposes. It is not intended for human or veterinary use, diagnosis, or treatment.