

Dihexa-Oral

PEPTIDES

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BENEFITS Aids in the treatment of Alzheimer's and Parkinson's diseases Improves cognitive function, particularly in such areas as memory retention and learning ability Improves stroke recovery

Accelerates recovery from spinal cord injury and nerve damage Protects against hearing loss Aids in treating memory and motor dysfunctions by enhancing synaptic connectivity through the formation of new functional synapses Builds new brain cell connections Prevents learning and memory dysfunction after sustained cerebral ischemia (periods of decreased blood flow to the brain) by protecting injury to brain neurons Increases the production of acetylcholine and/or dopamine Activates HGF, which induces long-term neuroprotection and stroke recovery Prevents stroke by increasing blood flow to the brain Slows the progression of spinal cord injury caused by amyotrophic lateral sclerosis (ALS) Helps to heal damage to the sciatic nerve

POSSIBLE SIDE EFFECTS Anxiety Change of taste Insomnia Irritability Mood swings Nausea Headache Mental Overstimulation Light sensitivity Racing thoughts Increased focus bordering agitation Emotional intensity

INTERACTIONS Other strong neurotrophic agents: e.g. Cerebrolysin, Semax/NA-Semax, Selank, NSI-189, BDNF-inducing stacks, Lion's Mane (high doses). Potential reactions may include anxiety, insomnia, neuroexcitation. Dopaminergic Agents: Possible amplification of stimulants (amphetamine, methylphenidate), bromantane, and MAO inhibitors. Potential reactions may include agitation, insomnia, and sympathetic activation.

Growth-Factor/Regenerative Peptides: Theoretical additive proliferation signaling with IGF-1 LR3, GH secretagogues (CJC/Ipamorelin), and TB- 500, and BPC-157. **Anti-Cancer Therapies:** Potential antagonism with c-MET inhibitors and chemotherapy relying on growth suppression. **USE WITH CAUTION/UNDER CLOSE MEDICAL SUPERVISION** Bipolar or severe anxiety disorders Epilepsy or seizure history Brain tumors Retinal vascular disease Autoimmune CNS disease

CONTRAINDICATIONS History of metastatic cancer Precancerous lesions under monitoring

Pregnancy or breastfeeding (no safety data) **PEDIATRIC USE** DIHEXA: **CYCLING AND OTHER DOSING**

CONSIDERATIONS 8-12 week cycles followed by 4-6 week washout period Recommend morning

dosing (may cause sleep disturbances for some) Take on empty stomach and wait for 30 minutes before eating Oral administration Take 1-4 capsules (5-20mg) per day, either at once or divided into 3 doses

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